



LOYOLA
UNIVERSITY
NEW ORLEANS

CENTER FOR COUNSELING & EDUCATION

Quality Mental Health Treatment & Training

in partnership with



BTDF
BRETT THOMAS DOUSSAN
FOUNDATION

present:

Serving Yourself Some Mental Health

Coping with COVID in the Hospitality Industry

A live 1.5 hour Zoom seminar discussing issues of depression, anxiety, and stress management for individuals working in the hospitality and service industry during the pandemic.

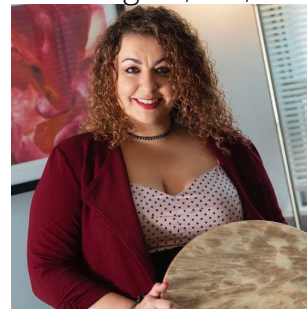
Participants will be guided through practical coping strategies and have the opportunity to have mental health questions answered by group leaders.

Renée Floer, MS, PLPC



led by

Sarah Zoghbi, MS, PLPC



Monday, December 7th 2020 at 1pm - 2:30pm

Where: Via Remote Telehealth (Zoom)

To reserve your spot, receive zoom link, or ask questions:

email lcce@loyno.edu or call **(504) 864-7858**

This service is offered free of charge.

Supported by:

